



The Importance of Sangha in Buddhism

Buddhism is generally marked as an isolated path, where a person walks the path all alone and meditates in an isolated environment searching for peace and happiness.

No one can deny the importance of meditating and staying in one's own company. But at the same time, Sangha is an equally important part of Buddhism. Sangha provides a harbour in time of distress, and at the time of distractions. Support from Sangha inculcates the feeling of security and safety amongst followers of Buddha. Co-followers help each other to make this journey smooth and spread kindness to everyone around them.

Venerable Ananda once said that being friendly and seeking their support on this path is half of the life we are leading. Friendship, companionship and camaraderie are the essence of life without which life is incomplete.

A quote in Upaddha Sutta indicates how important friends are in the path of finding peace and meaning of life. In reply to Venerable Ananda, a quote from Buddha has been found where he has stressed more on the importance of friendship and companionship. In that quote, Buddha stressed the fact that companionship and friendship is not half of the life; but our entire life revolves around this admirable relationship of friendship. When we have friends and companions around us, we are more likely to develop and pursue the noble eightfold path for ourselves.

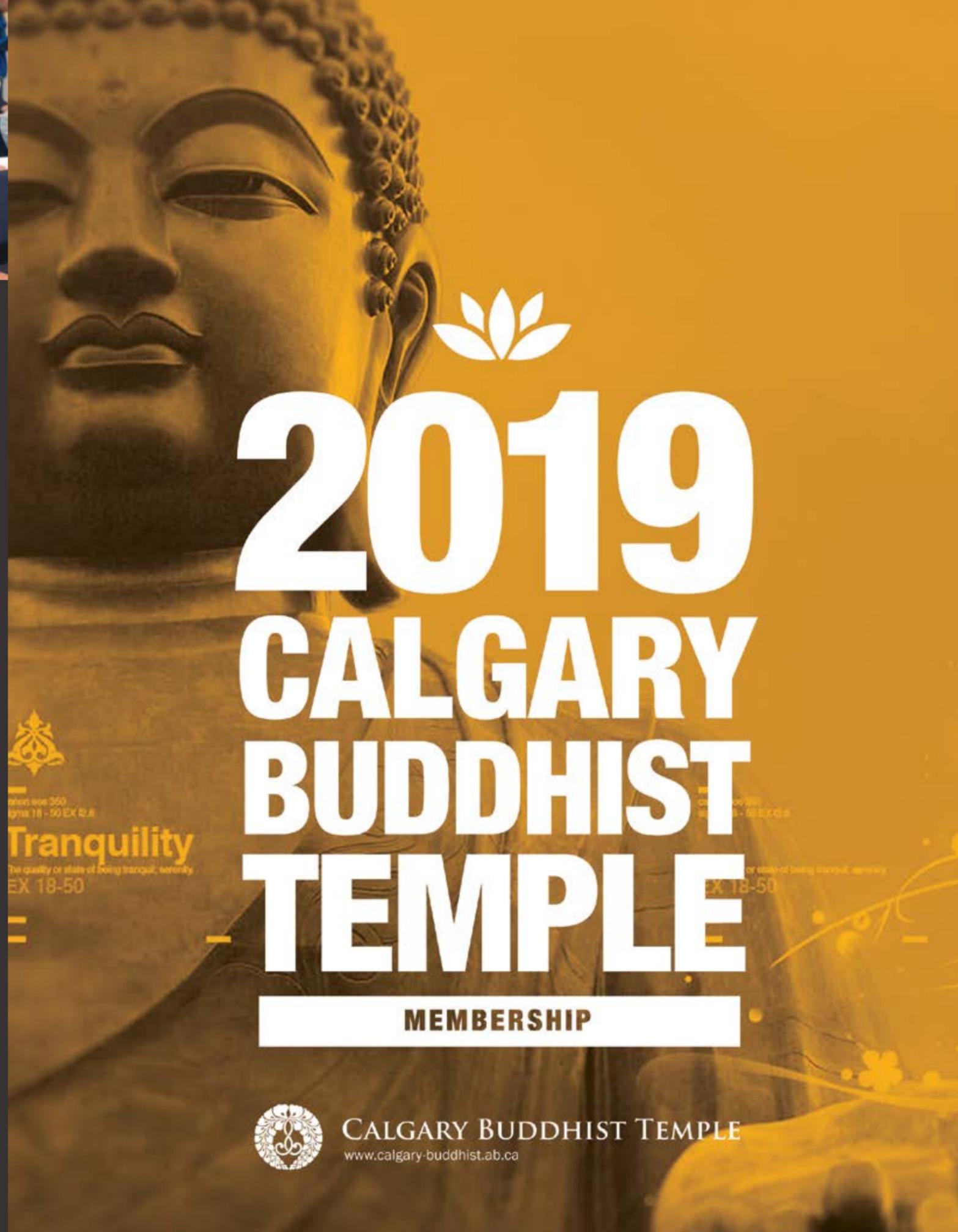
The quote by Buddha stresses on the fact of how important it is to have good company around you. A good community and a good support system are very important to have good thoughts. It is believed that while walking the path, if anytime you feel distracted or dissatisfied, Sangha helps you by reminding your goal in life, and also helps you keep your head high. Sangha as a community helps everybody to visualize goals clearly and aids in understanding the meaning of life in a better way. It is really very important to sit with Sangha on a regular basis. You will be amazed to see how life changes and brings along positivity while experiencing life.

www.speakingtree.in

Comments

We want to hear from you. Please let us know if you have comments or questions about the Calgary Buddhist Temple. Contact us at calgarybuddhisttemple@gmail.com or drop off comments at the Temple

Mailing Address:
Calgary Buddhist Temple
207 - 6 St N.E., Calgary, AB T2E 3Y1,
Telephone: (403) 263-5723.



2019 CALGARY BUDDHIST TEMPLE

MEMBERSHIP



CALGARY BUDDHIST TEMPLE
www.calgary-buddhist.ab.ca

Tranquility
The quality or state of being tranquil; serenity
EX 18-50

EX 18-50
or state of being tranquil; serenity
EX 18-50



2019 MEMBERSHIP

We would like to use this opportunity to refresh and update our Sangha list . Please take a few moments to complete the attached contact information and return it to the temple. Please make cheques out to *The Calgary Buddhist Temple*. Cheques or cash can also be dropped off at the temple during services - Mailing address: 207-6th St N.E. Calgary, Alberta T2E 3Y1. Telephone: (403) 263-5723.

Name: _____

Name: _____

Address: Line 1 _____

Address: Line 2 _____

City, Province, _____

Postal Code: _____

Telephone: _____

E-mail: _____

- Full Membership (\$100 per member)
- Student (Under 18) Membership –No Charge
- Honorary Senior (65 & over) Membership – Complimentary

Check to receive the CBT newsletter if you do not already receive it

___ by email

___ by mail

___ Please contact me regarding volunteering

We also want to hear from you! How are we doing? The comment box on the back of this form is for your feedback! You can also email comments to calgarybuddhisttemple@gmail.com

A Year in Review

In April, the temple hosted the JSBTC Annual General Meeting with representatives coming from across Canada. It was the first time our temple has hosted this event since the renovations and it allowed sangha members from other temples to see our new building. It was a great success and we received much positive feedback from those who attended. Thanks to the many volunteers who works so hard to put it on.

We had a busy year with ongoing fund-raising events including a fourth annual chow mein dinner and manning a table at the Calgary Japanese Festival where we sold gently used Japanese items, such as dishware and kimonos, as well as an assortment of ojuzus and T-shirts. Other activities included our annual garage sale, a Grey Cup party at the temple and a screening of the Thich Nhat Hanh movie 'Walk with Me'.

A successful temple requires effort from many people, and events take a lot of time to plan and organize.

Thank you to the organizing committees and the small army of volunteers (the tobans) for all their hard work and dedication: organizing events, teaching Dharma School, cooking and cleaning the temple.

Sensei Robert Gubenco went to Japan in November and successfully completed his Kyoshi training to become a fully ordained Jodo Shinshu minister. He will become the full time minister in Calgary starting this year.

On a sadder note, we lost long time members Sue Saruwatari, Marshall Hironaka, Eiji Nishihata and Roy Nagata, who played key roles in helping build the Calgary Buddhist Temple. They will be missed.

Please be sure to check our website and newsletter for upcoming events, classes and volunteer opportunities. Thank you once again for your continued support of the temple.

Please subscribe

Please note that of the \$100 Membership fee, \$80 goes towards supporting our national organization, the Jodo Shinshu Buddhist Temples of Canada. The JSBTC provides funding for the Bishop (Socho), the Ministerial Association Group Benefit Plan, and support for ministerial assistants' training. That only leaves \$20 to cover the cost of operating the Calgary Temple.

Monthly contributions

Monthly contributions provide stability by allowing the Board to prepare more accurate budgets and forecasts for the future.

Donate online

Donations can conveniently be made via our online donation system. It allows for a single donation or an option for ongoing monthly contributions by credit card. To make an online donation, check our website at www.calgary-buddhist.ab.ca and click on the Make a Donation button.