

Shin Buddhist Life Principles

Entrusting in the Vow of the Buddha,
Calling out the Buddha's Name,
I will pass through the journey of life with strength and joy.

Revering the Light of the Buddha,
Reflecting upon my imperfect self,
I will strive to live a life of gratitude.

Following the Teachings of the Buddha,
Discerning the Right Path,
I will share the True Dharma with all.

Rejoicing in the Compassion of the Buddha,
Respecting and aiding all sentient beings,
I will work towards the welfare of society and the world.

Contemporary Readings

Taking Refuge (The Three Treasures)

I take refuge in the Buddha, the one who shows me the way in this life.

I take refuge in the Dharma, the way of understanding and of love.

I take refuge in the Sangha, the community that lives in harmony and awareness.

Dwelling in the refuge of Buddha, I clearly see the path of light and beauty in the world.

Dwelling in the refuge of Dharma, I learn to open many doors on the path of transformation.

Dwelling in the refuge of Sangha, shining light that supports me, keeping my practice free of obstruction.

Taking refuge in the Buddha in myself, I aspire to help all people recognize their own awakened nature, realizing the Mind of Love.

Taking refuge in the Dharma in myself, I aspire to help all people fully master the ways of practice and walk together on the path of liberation.

Taking refuge in the Sangha in myself, I aspire to help all people build Fourfold Communities, to embrace all beings and support their transformation.

– *“Chanting From the Heart: Buddhist Ceremonies and Daily Practices”* (2007) by Thich Nhat Hanh with permission of Parallax Press, Berkeley, California, www.parallax.org.

Vandana Ti-Sarana

(Homage and Three Refuges)

◦ Leader

Na - mo tas - sa Bha - ga - va - a - to

A - ra - ha - a - to Samm' - sam - bud - dhas - sa

Leader: 1st / All: 2nd

Bud - dham sa - ra - nam gac - cha - mi

Dham - mam sa - ra - nam gac - cha - mi

Sam - gham sa - ra - nam gac - cha - mi

Homage to Śākyamuni Buddha, the Blessed One, the Noble One, the Perfectly Awakened One.

I go to the Buddha for guidance.

I go to the Dharma for guidance.

I go to the Sangha for guidance.

NAMO KIE BUTSU ↘
 NAMO KIE HO° ↗
 NAMO KIE SOO ↘

Jūseige (重誓偈)

○ ○

Ga gon chō se gan
His-shi mu jō dō
Shi gan fu man zoku
Sei fu jō shō gaku

↓
Ga o mu ryō kō
Fu i dai se shu
Fu sai sho bin gu
Sei fu jō shō gaku

Ga shi jō butsu dō
Myō shō chō jip-pō
Ku kyō mi sho mon
Sei fu jō shō gaku

Ri yoku jin shō nen
Jō e shu bon gyō
Shi gu mu jō dō
I sho ten nin shi

Jin riki en dai kō
Fu shō mu sai do
Shō jo san ku myō
Kō sai shu yaku nan

Kai hi chi e gen
Mes-shi kon mō an
Hei soku sho aku dō
Tsū datsu zen shu mon

Ko so jō man zoku
I yō rō jip-pō
Nichi gatsu shū jū ki
Ten kō on fu gen ↑

I shu kai hō zō
Kō se ku doku hō
Jō o dai shu chū
Sep-pō shi shi ku

Ku yō is-sai butsu
Gu soku shu toku hon
Gan-ne shitsu jō man
Toku i san gai o

Nyo butsu mu ge chi
Tsū datsu mi fu shō
Gan ga ku e riki
Tō shi sai shō son

Shi gan nyak-kok-ka
Dai sen ō kan dō
Ko kū sho ten nin
Tō u chin myō ke ○

Na man da bu ○
Na man da bu
Na man da bu
Na man da bu
Na man da bu
Na man da bu ○

Gan ni shi ku doku
Byō dō se is-sai
Dō ho'n bo dai shin
Ō jō an rak-koku

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