

Sambujō (三奉請)

(Three Respectful Callings)

○ Leader



Bu jo - u 1. mi — da — nyo ra - i
 2. sha — ka —
 3. jip — pō —

All



ni - u — do - u jo — u Sa - n ge - e



ra — a — a — ku

ぶ じょう み だ に よ ら い に う どう じょう さん げ ら く
 奉 請 弥 陀 如 来 入 道 場 散 華 樂
 ぶ じょう しゃ か に よ ら い に う どう じょう さん げ ら く
 奉 請 釈 迦 如 来 入 道 場 散 華 樂
 ぶ じょう じつ ぽう に よ ら い に う どう じょう さん げ ら く
 奉 請 十 方 如 来 入 道 場 散 華 樂

We respectfully welcome Amida Buddha to our temple as we scatter flowers of joy.

We respectfully welcome Śākyamuni Buddha to our temple as we scatter flowers of joy.

We respectfully welcome the Buddhas of all times and places to our temple as we scatter flowers of joy.

Three Treasures

Leader:

How rare and wondrous it is to have been born into human life, and now I live it. How rare and wondrous it is to be able to listen to the Buddha-Dharma, and now I am able to hear it. If I do not transcend the world of delusion in this life, when will I ever attain spiritual liberation? May I, along with the entire Sangha, with sincere heart and mind, rely on that which can be truly relied on in life – the Three Treasures.

All:

I rely on the Buddha. May I, along with all sentient beings, awaken to the Great Path with my entire being and discover the highest aspiration, which is to become a Buddha.

I rely on the Dharma. May I, along with all sentient beings, deeply reflect on the meaning of the sutras and gain wisdom that is as deep and vast as the ocean.

I rely on the Sangha. May I, along with all sentient beings, become one Sangha of life, able to move forward and live with a dynamic spirit that is hindered by nothing.

Leader:

The unsurpassed, deep, and wondrous Dharma, even in millions of kalpas, is extremely difficult to encounter, but now I am able to experience and embrace it. May I come to understand and revere the true meaning of the Tathāgata.

Loving-Kindness (Metta) Meditation

May all beings be happy and well,
May no harm or difficulties come to them,
May they live in peace and harmony.

May I be happy and well,
May no harm or difficulties come to me,
May I live in peace and harmony.

May my family be happy and well,
May no harm or difficulties come to them,
May they live in peace and harmony.

May my teachers be happy and well,
May no harm or difficulties come to them,
May they live in peace and harmony.

May my friends be happy and well,
May no harm or difficulties come to them,
May they live in peace and harmony.

May strangers be happy and well,
May no harm or difficulties come to them,
May they live in peace and harmony.

May my enemies be happy and well,
May no harm or difficulties come to them,
May they live in peace and harmony.

May all beings be happy and well,
May no harm or difficulties come to them,
May they live in peace and harmony.

– Palo Alto Buddhist Temple Reading

Vandana Ti-Sarana

(Homage and Three Refuges)

° ° Leader

D A7 D

Na - mo tas - sa Bha - ga - va - a - to

A7 D Em7 A7 D

A-ra-ha - a - to Samm' - sam-bud - dhas - sa

Leader: 1st / All: 2nd

D A7 D

Bud - dham sa - ra - nam gac - cha - mi

D Em7 D

Dham - mam sa - ra - nam gac - cha - mi

D A7 D °

Sam - gham sa - ra - nam gac - cha - mi

Homage to Śākyamuni Buddha, the Blessed One, the Noble One, the Perfectly Awakened One.

I go to the Buddha for guidance.
 I go to the Dharma for guidance.
 I go to the Sangha for guidance.

NAMO KIE BUTSU ↘
 NAMO KIE HO ° ↗
 NAMO KIE SOO ↘

〇〇

1. *Namo Amida Butsu*

┌ ┌ ┌┌

I recite Amida's Name

┌┌ ┌ ┌

With deep joy and gratitude

┌┌ ┌┌ ┌┌

I Gassho to Amida

┌┌ ┌┌┌

2. Trees and grasses and flowers

┌ ┌ ┌ ┌┌

All grow in His Compassion

┌┌ ┌┌┌

His Light shines throughout the world

┌┌ ┌┌ ┌┌┌┌

I Gassho to Amida

┌┌ ┌┌┌

3. Flowers bloom and flowers fall

┌ ┌ ┌┌ ┌┌

From the seeds sprout new flowers

┌┌ ┌┌ ┌┌┌┌

This is the Truth unchanging

┌┌┌┌ ┌┌

I Gassho to Amida

┌┌ ┌┌┌

4. Springtime brings the happy birds

┌ ┌ ┌┌ ┌┌┌

Their songs all praise Amida

┌┌ ┌┌┌┌

I join them in Nembutsu

┌┌┌┌ ┌┌

I Gassho to Amida

┌┌ ┌┌┌

5. When I call Amida's Name

┌ ┌┌ ┌┌ ┌

It's Amida calling me

┌┌ ┌┌ ┌┌

His voice and my voice are one

┌┌ ┌┌┌┌ ┌┌

I Gassho to Amida

┌┌ ┌┌┌

6. When I'm lonely I recite

┌ ┌┌ ┌┌ ┌┌

Namo Amida Butsu

┌┌ ┌┌┌

Then I feel Him take my hand

┌┌┌┌┌┌ ┌┌

I Gassho to Amida

┌┌ ┌┌┌

7. Nembutsu in work and play

┌ ┌┌ ┌┌ ┌┌

Every day with Amida

┌┌ ┌┌┌

Every moment filled with light

┌┌ ┌┌┌┌ ┌┌

I Gassho to Amida

┌┌ ┌┌┌

8. Remember the Golden Chain

┌ ┌┌ ┌┌ ┌

"Kindness to all living things"

┌┌ ┌┌┌┌

I will follow this Teaching

┌┌┌┌ ┌┌

I Gassho to Amida

┌┌ ┌┌┌

9. In the clear bright morning sun

┌┌┌┌┌┌

In the fading light of day

└└└└└└

In the darkness of the night

└└└└└└

I Gassho to Amida

┌┌┌┌┌┌

10. Namo Amida Butsu

┌┌┌┌┌┌

I live in His Compassion

└└└└└└

His great power guides my life

└└└└└└

I Gassho to Amida ○

┌┌┌┌┌┌

Na man da bu ○

Na man da bu

Na man da bu

Na man da bu

Na man da bu

Na man da bu ○

I vow to give this wonderful truth

To all beings without exception

May they attain perfect wisdom, and

realize the realm of peace and joy

○ ○ ○