



I hope this finds you well. Our newsletter is published at the same time each month and this month I found myself in an awkward position with nothing to write about as the submission deadline approached. With time nearly expired to submit an article I have decided to share with you a few haiku poems that I wrote from personal observations in the last few days and also a poem that I wrote four or five years ago that is untitled.

Haiku

Amida Buddha
My path to enlightenment
Made clear by Shinran

Careful of danger
Looking for food in winter
Bird standing on fence

On this winter day
A reprieve from the coldness
Chinook wind blows warm

Property defaced
With the word LOVE to be seen
Question intention

*Sunshine and a Peaceful mind
Recollection of another time Still
and somber without a breeze
Sometimes it's the simplest of
things which brings me to my knees
Self-reflection and a positive mind
Meditation to help us find The
inner peace we hold divine*

Take care of this life and may the
Light of Compassion guide us
towards working for peace and
equality in the world.

Namo Amida Butsu,
Robert Gubenco Sensei



CALGARY BUDDHIST TEMPLE

658 1 Ave NE,
Calgary, AB T2E 3Y1
p: 403-263-5723
w: calgary-buddhist.ab.ca

Sensei Robert Gubenco
e: bgubenco@shaw.ca



MARCH EVENTS

CBT FUNDRAISING COMMITTEE

Upcoming March Fundraising Events

Mein Making Dough Preparation – Friday March 20, 6:30 pm – at the temple

Mein Rolling, Cutting and Cooking - Sunday March 22, 9 am at CJCA kitchen

Click this link to view the sign up sheet :

<https://www.signupgenius.com/go/8050D4FABAF28A3F94-mein>

TEMPLE CALENDAR - MARCH 2020

S	M	T	W	R	F	S
1 Meditation 9:00 - 9:30AM Shotsuki Service 10:00 - 11:00AM	2	3	4 Meditation Service 7:00-8:00PM	5 Evening Service Shotsuki 7:30-8:30PM	6	7
8 Meditation 9:00 - 9:30AM Service 10:00 - 11:00AM Ladies Workshop 11:15 - 12:15	9	10	11	12 Evening Service 7:30-8:30PM	13	14
15 Meditation 9:00 - 9:30AM Service 10:00 - 11:00AM Library	16	17	18	19 Evening Service Higan-e Service 7:30-8:30PM	20 Dough Making for Mein Temple 6:30-9:00PM	21
22 Meditation 9:00 - 9:30AM Mein Making at the CJCA (2236 29 St SW) 9-12AM Higan-e Service 10:00 - 11:00AM	23	24	25 Meditation Service 7:00-8:00PM	26 Evening Service 7:30-8:30PM	27	28
29 Meditation 9:00 - 9:30AM Service - WF Dana Day 10:00 - 11:00AM Temple Clean Up 11-11:20	30	31				



MARCH EVENTS

TEMPLE LIBRARY DAY

Sunday, March 15th from 11:10 to 11:45 am
Location: Calgary Buddhist Temple (Lower Level)

Come for tea, stay for a book! Visit us downstairs to browse through the Temple library while you have a cup of tea.



JSBTC WF DANA DAY

Sunday, March 29th 2020

The Women's Federation (WF) Dana Day is a national initiative where all donations collected at the Temple will go to support social welfare causes. Last year, we proudly collected over \$900 on Dana Day.

Nationally, the WF Dana Day funds were in excess of \$4,000; \$2,000 was directed to Blankets for Canada (non-denominational organization devoted to creating blankets for Canadians who need warmth) and \$2,000 went to Indspire (an organization that helps Indigenous students in Canada complete their post-secondary education.)

Thank you for supporting "Dana" – giving without thought of receiving something in return.



MARCH EVENTS

GETTING TO THE BOTTOM OF IT

March 8th at 11:15am

Pelvic Floor Dysfunction in women can cause multiple symptoms, which may include pain, pressure, or lack of bowel and bladder control. This one hour workshop has been made available for the Ladies of the Calgary Buddhist Temple and their guests so if you have some of these symptoms or just have a curiosity, please come and engage and have a listen. By speaker request, all donations made at this workshop will be directed to the Women’s Centre of Calgary.

Pre-register (ladies only): <https://www.signupgenius.com/go/10c0849a5a82fa3f49-getting1>



“STAMP” OUT WASTE WITH THE WOMEN’S FEDERATION

March and April 2020

The JSBTC Women’s Federation supports Save the Children Canada by collecting ALL stamps, foreign and Canadian to help provide a better life and a brighter future for children around the world.

Please remember to **put your stamps in the container at the entrance to the Temple** as they’re taken annually to the WF Meeting which will be held this year in Lethbridge in April.

To Ensure That The Stamps Are In Good Condition Follow These Steps

1. Cut with scissors (do not tear!!) and leave a 1/3 to 1/2 inch border around the stamp.
2. Cut around the postmark. Stamps with postmarks showing the location and date are worth more.
3. Leave multiple stamps together.
4. Have a postcard with the postmark showing the date and location? Please turn in the whole postcard – do not cut it.
5. If it does not show the town or city, just trim around the stamp with border
6. Stamps without enough border trim and machine generated business postage are not usable.



UPCOMING EVENTS

IKEBANA CLASSES (JAPANESE FLOWER ARRANGEMENT)

Saturday mornings from 10:00 am - 12:30 pm

April 11, April 25, May 16, May 30, June 13

Location: Calgary Buddhist Temple

Five classes are being offered by Rika Saruwatari who was trained under Ms. Takako Yokoyama. Rika became a certified shihan (teacher) in 2012.

Cost is \$45 per classes include flower materials, instruction fee and taxes. Non member price: \$50 per class.

Students must supply their own containers (ask Rika for suitable size and shape), scissors and kenzan (frog). Ask Rika if you need help selecting your items. Contact Rika at rikaandshiro@gmail.com or call 403-701-0390.

*No refunds for missed lessons



TAIKO DRUMMING WORKSHOP

Saturday, May 2 from 2:00-4:00pm

The Calgary Buddhist Temple is honored that the renowned group, Midnight Taiko Kai, has agreed to hold a workshop for us. Come and meet members of Midnight Taiko, gain an overview of the history of Taiko, discover the different Taiko drums used in an ensemble, learn how to play the Taiko and feel connected to a piece of cultural history that is still a vital part of modern Japanese life!

This is a beginner's adult-only workshop and no experience is necessary however, space is limited so register early! Cost: \$15/temple member or \$20/non-temple member.

Sign up here: <https://www.signupgenius.com/go/10C0849A5A82FA3F49-taiko>.



UPCOMING EVENTS

CBT FUNDRAISING COMMITTEE

Garage Sale – June TBA

Decluttering? Spring Cleaning? Nudging adult children out of the house? We can help by selling your not so treasured items at the Garage Sale! Watch your email and newsletter for drop off dates and volunteer information. We will also be collecting Japanese items to sell at Omatsuri (Japanese Festival in August)

Please watch your email for links to Signup Genius to volunteer, or contact Jean Masuda at j.masuda95@gmail.com.



VOLUNTEER OPPORTUNITIES



DHARMA TIME

Saturday, May 23 from 10:00am to 12:00pm | 3640 11A Street NE

Our Dharma Time students and their families will be learning about kindness and compassion and will put it into practice by volunteering at the Calgary Drop In's Donation Centre (NOT at the downtown location).

As a group, they will sort through community donations and ensure that vulnerable Calgarians get the items needed for a chance to break the cycle of homelessness.

Sign up here: <https://www.signupgenius.com/go/10C0849A5A82FA3F49-dropins>

*Please note: children age 6 and up are permitted when accompanied by an adult.



VOLUNTEER OPPORTUNITIES



SANGHA ENGAGEMENT – SERVING LUNCH

Saturday, June 6 & Sunday June 7, 2020 Time: 11:45am – 1:00pm (arrive 15 minutes early)

Did you know that the Calgary Drop In Centre serves approximately 600 people every mid-day? Let’s step up as a Sangha and make a lasting impression in our community by serving lunch to those less fortunate.

Providing support through a warm smile, nutritious meal and community service can make Calgary and our Temple stronger.

Sign up here:

<https://www.signupgenius.com/go/10C0849A5A82FA3F49-volunteer>. More information will be provided to the volunteers prior to the volunteer dates.

**Youth ages 14-17 are permitted when accompanied by an adult.*

UPDATES

CBT FUNDRAISING COMMITTEE

Gyoza Making Updates

Kim	Cali	Laurie	Justin	Dan*
Laura	Leslie	Nicole	Lorie	Jean*
Claire	Jackie H	Nathan	Mary J*	Jackie R*
Barrie	Mari	Yoshiko	Mickey*	Lester*
Misae	Maya	Sonia	Yuko*	Mary N*
				Debbi*

**Fundraising Committee*

Thanks to the above volunteers who came out for Gyoza Making on February 8! It was a busy morning of chopping, then making the gyozas, 170 dozen of them! The morning was rounded out with socializing, fresh mochi and lunch. Thanks to Lester for his expert knife sharpening service, and Jackie H for lunch.



UPDATES

CALL FOR RECIPES!

As Soon As Possible!

To our cooks, foodies, and friends,

We are continuing to collect recipes for the Temple cookbook. Thanks to those who have submitted and please keep them coming! Through this cookbook, we hope to not only share our favourite recipes, but to weave some of the stories that are special to our individual families and also our to Temple.

Recipes can be submitted by email at cbtcookbook@gmail.com or in person at the Temple - there is a box at the entrance). Keep in mind:

- Typed, handwritten, or photos of recipes are all welcome
- Please include your name and, if possible but not necessary, a short description of how your recipe is special to you
- Multiple recipes are welcome.

Thank you,

Temple Cookbook Committee



YAKI MANJU MAKING

Yaki Manju Making What a great turn-out for the Yaki Manju Making Workshop that was held on Sunday, Jan 26.

Thank you to Sensei Brenda and her lovely assistant, Rachel, for their patience in showing us how to make this tasty, traditional type of manju.



UPDATES

September 2019 Casino Update

My apologies for the tardiness of this update. But this fundraising event is so important I cannot let this thank you be further neglected. Every time I organize volunteers for our casino I am thankful for the wonderful generous volunteer spirit in our temple community. These volunteers stepped forward to give their time, and although the work is not strenuous, it is a long slog, and the night shift goes until past 3 am.

Belle Auld	Larry Henderson	Jean Masuda	Candy Tedford
Leslie Howard	Jennifer Medlock	Yuko Ono	Kiyoko Miyanishi
Laura Sugimoto	Frank Dooge	Robert Gubenco	Debbi Hayashi
Yuri Delisle	Mary Nishi	Susan Huntley	Bonnie Brinker
Jay Masuda	Darlene	Susan Kitagawa	Lloyd Tsukishima
Lester Ikuta	Darlene's Husband	Lorie Tran	Ted Nakatsu
Barrie Robb	Craig Pittman	Dan McCormack	Doug Cruickshank
Masaye Tanaka	Mickey Ikuta	Terry Yasui	Doug Hironaka
Nicole Chen	Sara Clark	Russell Hironaka	Cari Vaughan

DONATIONS

MONTHLY DONATIONS


Anonymous	Huntley, Susan
Alexander, Robert	Kondo, Lido
Bowman, Jim	Masuda, Misae
Buddhist Churches of America	Miquelon, Dixie
Chen, Nicole	Nagata, Luri
Delisle, Yuri	Nitta, Kayo
Dooge, Frank	Orlesky, Kim
Gubenco, Robert & Lori	Pittman, Craig and Cathy
Hironaka, Doug	Robb, Barrie and Jackie
Hironaka, Russ	Ryan, Danielle
Hironaka, Sally	Tajiri, June
Horiguchi, David and Tam	Tanake, Masaye
Huntley, Chris	Williamson, Catherine & Bryan

CANADA HELPS

Melanie Giggs
Bob McCullagh
Loc Nguyen
Laura Sugimoto
James Martin



HUMANITY THROUGH A BUDDHIST EYE



**HUMANITY
THROUGH A BUDDHIST EYE: AN EXPLORATION OF HUMAN RIGHTS**

- **KEYNOTE SPEAKER DUNCAN RYUKAN WILLIAMS**
Dr. Williams is a Soto Zen priest and Director of the Shinso Ito Center for Japanese Religions and Culture at the University of Southern California. He is the author of "American Sutra: A Story of Faith and Freedom in the Second World War"
- **TERESA BYRNE**
MÉTIS CULTURAL HISTORIC TOURS COORDINATOR, LOUIS RIEL INSTITUTE
Manitoba is the heart of the homeland of the Métis people. Teresa will share her knowledge and insight in this interactive introduction to the culture, heritage and history of the Métis people and their influence in the development of Manitoba and Canada.
- **TOUR OF THE CANADIAN MUSEUM OF HUMAN RIGHTS**
- **WORKSHOPS AND PANEL DISCUSSIONS:
DR. JEFF WILSON, REV. GRANT IKUTA, ART MIKI**
- **DISCOVER THE RICH TRADITION, CULTURE AND DIVERSITY
OF WINNIPEG, MANITOBA, CANADA**

June 12 - 14, 2020
Manitoba Buddhist Temple
39 Tecumseh Street
Winnipeg, Manitoba

Register through Eventbrite: <https://www.eventbrite.ca/e/humanity-through-a-buddhist-eye-registration-72451810315>
For more information contact Brenda Ikuta: brenda.ikuta@gmail.com
Sponsored by LIVING DHARMA CENTRE, JODO SHINSHU BUDDHIST TEMPLES OF CANADA

YOU ARE INVITED TO A CONFERENCE!

Objective of this conference is to gain greater understanding of various human experiences by exploring social and human rights issues through a Buddhist lens.

Please see below for:

- A complete conference information including how to register
- Travel Grant Application information
- Pre-conference events information

If you have questions please contact:

Masaye Tanaka: Masaye.Tanaka@gmail.com or

Mickey Ikuta: mhkuta@outlook.com



HUMANITY THROUGH A BUDDHIST EYE

HUMANITY THROUGH A BUDDHIST EYE: AN EXPLORATION OF HUMAN RIGHTS

June 12-14, 2020 | Winnipeg

The objective of this conference is to gain a greater understanding of various human experiences by exploring social and human rights issues through a Buddhist lens.

Register through Eventbrite now to hear keynote speaker is Duncan Ryukan Williams, the author of American Sutra.

Join us to:

- listen to great guest speakers
- participate in panel discussions and workshops
- meet other Buddhists
- tour the renowned Canadian Museum of Human Rights
- get to know the city and the Winnipeg Temple

PAYMENT INFORMATION

June 12-14, 2020

*Manitoba Buddhist Temple 39 Tecumseh St. Winnipeg, Manitoba R3E 0J8
(204) 774-9267*

Sponsored by: The Living Dharma Centre Jodo Shinshu Buddhist Temples of Canada

Preferred method of Registration and Payment through Eventbrite

Visit: <https://www.eventbrite.ca/e/humanity-through-a-buddhist-eye-an-exploration-of-human-rights-registration-72451810315>

Password:ingassho



HUMANITY THROUGH A BUDDHIST EYE

PAYMENT INFORMATION CONT'D

*June 12-14, 2020
Manitoba Buddhist Temple 39 Tecumseh St. Winnipeg, Manitoba
R3E 0J8
(204) 774-9267*

If you are unable to pay through Eventbrite, payment may be made by cheque (received no later than May 12, 2020)

Payable to Buddhist Temple of Southern Alberta
Addressed to "Humanity Through a Buddhist Eye" Conference c/o
Buddhist Temple of Southern Alberta
470 -40th Street South
Lethbridge, Alberta T1J 3Z5



No refunds will be issued after May 12, 2020



HOTEL INFORMATION

*Humphry Inn and Suites
260 Main St., Winnipeg, MB. R3C 1A9
Ph: (204) 942-4222
Website: <https://www.humphryinn.com>*

Rate:\$109 / night (double queens)

Group reservation:Jodo Shinshu Buddhist Temples of Canada

Deadline for booking at the group rate:May 11, 2020

***Free cancellation prior to May 12, 2020**

- Hot breakfast buffet included
- Parking available at \$10/night
- Shuttle service: Hotel airport shuttle is not available
- Meals: Registration includes Friday dinner, Saturday dinner and Sunday lunch.

Please contactthe organizersif you have special dietary restrictions by May 12, 2020.



HUMANITY THROUGH A BUDDHIST EYE

SPEAKER BIOGRAPHIES

June 12-14, 2020

Duncan Ryukan Williams is currently Professor of Religion and East Asian Languages & Cultures and the Director of the USC Shinso Ito Center for Japanese Religions and Culture and former Chair of USC's School of Religion.

Previously, he held the Shinjo Ito Distinguished Chair of Japanese Buddhism at UC Berkeley and served as the Director of Berkeley's Center for Japanese Studies for four years. He has also been ordained since 1993 as a Buddhist priest in the Soto Zen tradition and served as the Buddhist chaplain at Harvard University from 1994-96. His latest book is *American Sutra: A Story of Faith and Freedom in the Second World War* (Harvard University Press, 2019), which reached #3 on the LA Times Bestseller List

Teresa Bryne, Métis Cultural Historic Tours Coordinator, Louis Riel Institute (more information to follow)

Reverend Grant Ikuta received Kyoshi Ordination in May 1990 and completed his Master's Program in Shinshu Studies Ryukoku University, in 1992. He became the first Canadian Sansei (third generation Japanese-Canadian) and third generation minister to serve within the Buddhist Churches of Canada. He has served as Minister at the Toronto Buddhist Church from 1992 –2008 and as Bishop of Jodo Shinshu Buddhist Temples of Canada (2011-2013). From 2008-present he has been the Minister at Steveston Buddhist Temple. In addition to his ministerial duties at Steveston Buddhist Temple, he is an instructor for the English Jodo Shinshu Correspondence Course.

Jeff Wilson Dr. Wilson is Chair of the Department of Culture and Language Studies and Professor of Religious Studies and East Asian Studies at Renison University College, University of Waterloo. He is the author of many books and papers such as "Mindful America" and "Buddhism of the Heart." Dr. Wilson has received Tokudo ordination in the Jodo Shinshu Buddhist tradition and is a Tokudo Minister Assistant at Toronto Buddhist Church.

Art Miki (more information to follow)



HUMANITY THROUGH A BUDDHIST EYE

ITINERARY

Friday, June 12, 2020

Morning

- Attendees arrive
- Optional activity(s)

2:00 p.m.

- Manitoba Buddhist Temple
- Welcome
- Speaker: Rev. Grant Ikuta
“Buddhism and Human Rights”
- Workshop(s): Reflection / Dialogue

5:30 p.m.

- Share a Meal Together

7:00 p.m.

- Manitoba Buddhist Temple Guest Speaker: Teresa Byrne
- Métis Cultural Historic Tours Coordinator Louis Riel Institute An interactive presentation on the culture, heritage and history of the Metis people in Manitoba
- Questions and Answer period

Saturday, June 13, 2020

10:30 a.m.

Canadian Museum of Human Rights (CMHR) guided tour

12:30

- Lunch on your own: “The Forks or Hargrave Market.
- Discover on your own: continue your journey through CMHR exhibits, explore the Forks, make your way to the Winnipeg Art Gallery or other downtown activities.

4:30pm

- Meet at hotel lobby for shuttle to Manitoba Buddhist Temple
- Share a Meal Together

7:00 p.m.

Keynote Speaker: Duncan Ryukan Williams Panel discussion: Dr. Jeff Wilson, Rev. Grant Ikuta, Art Miki

Sunday, June 14, 2020

10:00 a.m.

- Service at Manitoba Buddhist Temple Guest Speaker: Duncan Ryukan Williams
- Share a Meal Together
- Depart

Evening Activities / Things to Do

A Host Room will be available in the hotel for people to socialize on both Friday and Saturday. If you arrive early or depart late, you may consider delving further into the culture, tradition and diversity of the beautiful city of Winnipeg.

If you have further questions or concerns, please email Brenda.ikuta@gmail.com or call 403-317-0078.



HUMANITY THROUGH A BUDDHIST EYE

GRANT APPLICATION

Application deadline: April 30, 2020

The Calgary Buddhist Temple Board is offering up to 5 grants of \$200 each to offset expenses for CBT members who wish to attend the conference in Winnipeg.

Criteria:

- Be a paid member of the Calgary Buddhist Temple
- Volunteer at a Calgary Buddhist Temple function such as mein making, Omatsuri, Hanamatsuri and other events
- Share your conference experience with the Calgary Buddhist Temple Sangha

Application process:

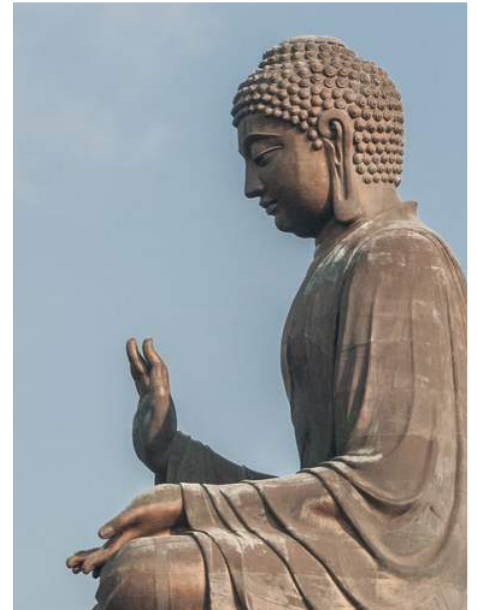
- Submit a one-page document indicating why you are interested in attending the Humanity Through a Buddhist Eye conference in Winnipeg
- Include your name and contact information.

Submit your application using one of the three options below:

1. Email to calgarybuddhisttemple@gmail.com
2. By mail to: Travel Grant: Humanity - Buddhist Calgary Buddhist Temple 207 – 6 St NE, Calgary, Alberta T2E 3Y1
3. In person to Sensei Robert

For more information and to learn about the conference topic:

- Attend the Sunday library day sessions at the temple (see the temple calendar).
- See Blog-post on the CBT website
- Contact Masaye Tanaka (Masaye.Tanaka@gmail.com) or Mickey Ikuta (mhkuta@outlook.com)





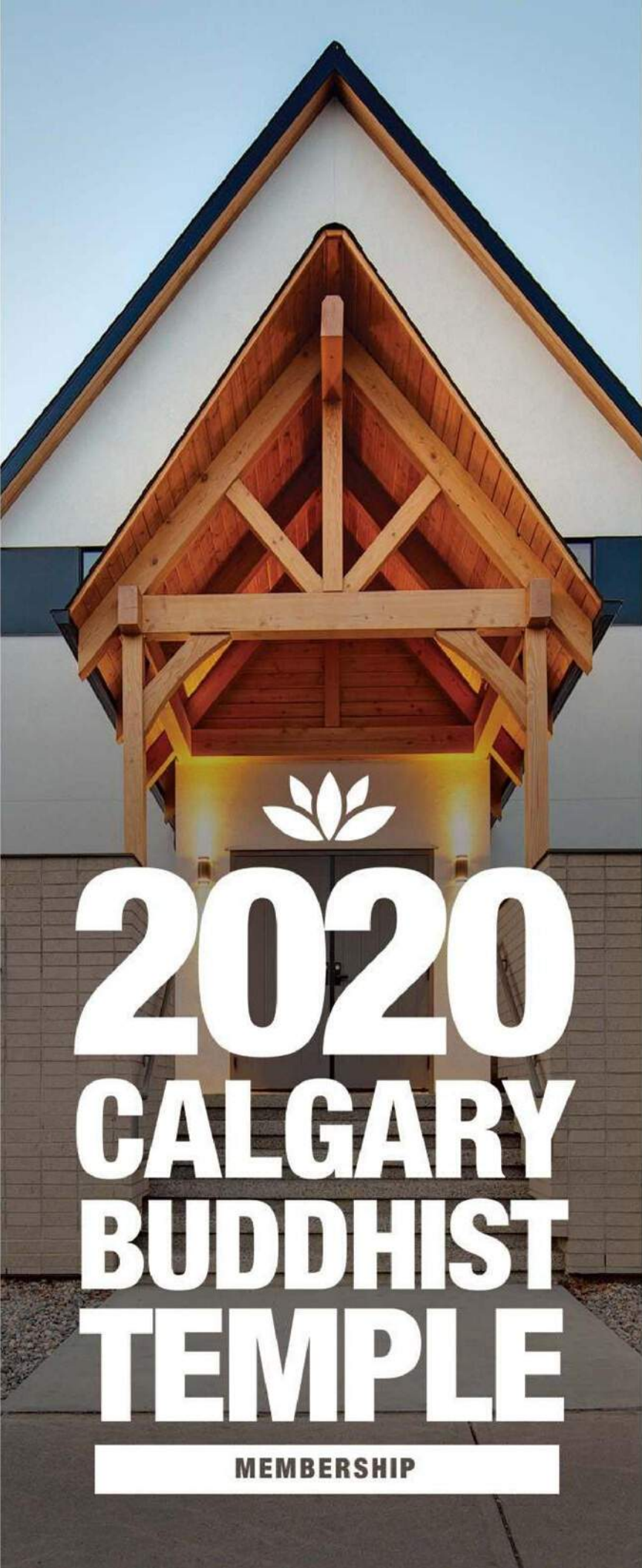
HUMANITY THROUGH A BUDDHIST EYE

PRE-CONFERENCE EVENTS

Sensei Robert and the committee will be hosting four pre-event learning/ discussion sessions on the following library days after the service:

- February 23 – Conference information
- March 15 – Topic TBD
- April 19 – Topic TBD
- May 17 – Topic TBD

If you have questions please contact: Masaye Tanaka: Masaye.Tanaka@gmail.com or Mickey Ikuta: mhkuta@outlook.com



2020 CALGARY BUDDHIST TEMPLE

MEMBERSHIP

SUPPORT OUR TEMPLE

We would like to use this opportunity to refresh and update our Sangha list . Please take a few moments to complete the attached contact information and return it to the temple. Please make cheques out to The Calgary Buddhist Temple . Cheques or cash can also be dropped off at the temple during services - Mailing address: 207-6th St N.E. Calgary, Alberta T2E 3Y1. Telephone: (403) 263-5723.

Name:

Name:

Address: Line 1

Address: Line 2

City, Province,

Postal Code:

Telephone:

E-mail:

- Full Membership (\$100 per member)
- Student (Under 18) Membership –No Charge
- Honorary Senior (65 & over) Membership – Complimentary

Check to receive the CBT newsletter if you do not already receive it

___ by email

___ by mail

___ Please contact me regarding volunteering



CALGARY BUDDHIST TEMPLE
www.calgary-buddhist.ab.ca