



MINISTER ARTICLE

Providing an article each month for our Sangha Stream newsletter has always been an interesting process for me. Often when the reminder is sent out to submit articles for the newsletter, I am still searching for a topic to write about. You might be wondering if I was more prepared to submit this month's article, if you thought I was not prepared, you would be correct.

Words are an important part of any language and many words have multiple meanings. The word "May" identifies the fifth month in a calendar year. Canadians look forward to the month of May each year because it represents the changing of the season from winter to spring.

While following a Buddhist Path the word "May" reflects an aspiration to better oneself and be of benefit to others. In our practice of kindness, we are reminded of this aspiration through the words of the "Golden Chain":

*I am a link in Amida Buddha's Golden Chain of Love
That stretches around the world.
In gratitude, may I keep my link bright and strong.*

*I will try to be kind and gentle
to every living being and protect all
who are weaker than myself.*

*I will try to think pure and beautiful thoughts,
to say pure and beautiful words, and to do
pure and beautiful deeds, knowing that what I do
affects not only my happiness or unhappiness,
but also those of others.*



MINISTER ARTICLE

*May every link in Amida Buddha's
golden chain of love be bright and strong
and may we all attain Perfect Peace.*

We are reminded of this aspiration through the words
of the "Loving-Kindness Meditation":

May I be well, happy and peaceful

*May no harm come to me
May no difficulties come to me
May no problems come to me
May I always meet with success
May I also have patience, courage, understanding and
determination to
meet and overcome inevitable difficulties, problems
and failures in life.*

*May my parents be well, happy and peaceful
May my teachers be well, happy and peaceful
May my relatives be well, happy and peaceful
May my friends be well, happy and peaceful
May all indifferent persons be well, happy and peaceful
May my enemies be well, happy and peaceful
May all living beings be well, happy and peaceful
May no harm come to them
May no difficulties come to them
May no problems come to them
May they always meet with success
May they also have patience, courage, understanding
and determination to
meet and overcome inevitable difficulties, problems and
failures in life.*

We are reminded of this aspiration from the words of
prominent Buddhist teachers, such as the Dalai
Lama:

*May I become at all times both now and forever; a
protector for those without protection, a guide for
those who have lost their way, a ship for those with
oceans to cross, a bridge for those with rivers to
cross, a sanctuary for those in danger, a lamp for
those without light, a place of refuge for those who
lack shelter, and a servant to all in need.*

May following the Buddhist Path keep a spring in
your step and may the light of the Dharma warm
your heart.

Namo-Amida-Butsu

Robert Gubenco Sensei



Calgary Buddhist Temple

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Calgary, Alberta

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TEMPLE SERVICE REMINDERS

MAY SERVICES

- Saturday, May 06, 2023 – Half Day Meditation Retreat from 9 am to 1 pm (Registration Required)
- Sunday, May 07, 2023 - Shotsuki/Monthly Memorial Service at 10 am
- Sunday, May 21st – Sunday Family Service and Dharma Time at 10 am
- Tuesday, May 23rd – Meditation and Naikan Reflection from 7 to 8 pm
- Sunday, May 28th – Shinran Shonin Birth (Gotan-e) Service at 10 am
- Sunday, May 28th – Keirokai lunch after service in honor of our seniors

JUNE SERVICES

- Sunday, June 04, 2023 - Shotsuki/Monthly Memorial Service at 10 am
- Tuesday, June 13th and 27th – Meditation and Naikan Reflection from 7 to 8
- Sunday, June 18, 2023 – Family Picnic – Edworthy Park Site #2 at 11:00 am

JULY SERVICES

- Sunday, July 02, 2023 - Shotsuki/Monthly Memorial Service at 10 am
- Sunday, July 16th – Sunday Family Service and Dharma Time at 10 am
- Saturday, July 22nd – Cemetery Services (Mountain View - 9:00 am, Strathmore - 10:30 am, Temple Columbarium - 2:00 pm)
- Sunday, July 23rd – Cemetery Services (Eden Brook – 11:00 am, Queens Park – 1:00 pm)
- Sunday, July 23rd – Temple Obon Service at 3:00 pm

IMPORTANT DATES

- May 7th - Spring Cleaning
- May 28th - Keirokai - Senior Appreciation day

MAY 2023 MEMORIAL (SHOTSUKI) SERVICE LIST

Randy Adrian	Archie Desjardins	Elli Anne Primeau
Emily Burgess	Earl Desjardins	Gordon Sherban
Frank Burgess	Bruce Fazio	Gene Tanaka
Jean Cruickshank	Helen Gubenco	Nobuo Teshima
Robert Cruickshank	Beverley Needham	Yuriko Lily Yoneda



TEMPLE SERVICE REMINDERS

ROAD CLOSURE

Sunday, May 28th

The 2023 Calgary Marathon is taking place on Sunday, May 28th starting at 7:00 am.

Please be aware of road closures on Memorial Drive during the marathon which will affect driving to the temple.

The easiest access to the temple during the marathon will be from 16th Avenue and Edmonton Trail.

KEIROKAI

Sunday, May 28th

Please join us to celebrate Keirokai, Senior Appreciation Day on May 28 following Gotanye service. Keirokai is a yearly event honouring our fabulous senior Sangha members. There will be a sign up asking non-senior members to contribute to the luncheon. Thank you!

Keirokai Toban



UPCOMING WORKSHOPS AND EVENTS

JAPANESE FLOWER ARRANGEMENT (IKEBANA) CLASSES

*April 23rd, May 7th and 28th, June 11th and 25th
1:30 PM to 4 PM*

Classes will be held on Sunday afternoons at The Calgary Buddhist Temple from 1:30 pm – 4:00 pm.

The 5 classes are a series and the cost is \$225 total including flower material and instruction for Temple members or \$250 for non-members. No refunds for missed classes.

Students must supply their own containers (please ask Rika for a suitable size and shape), scissors and kenzan (frog). Contact Rika if you need help selecting your items but these are not supplied as part of the lesson.

Rika Saruwatari trained under Ms. Takako Yokoyama, and became a certified Shihan (teacher) in 2012.

Rika's contact info: rikaandshiro@gmail.com or call 403-701-0390



SPRING TEMPLE CLEANING

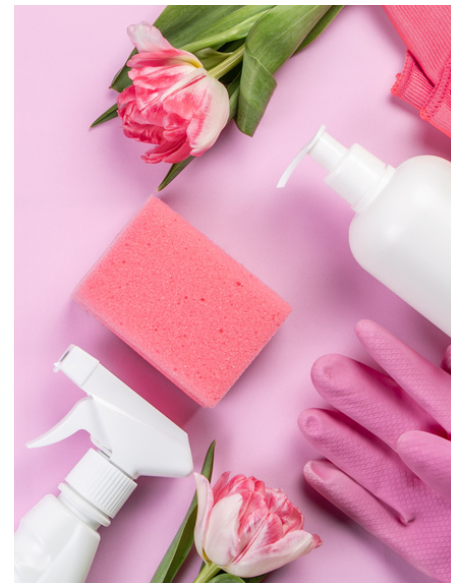
Sunday, May 7th, After service

Dear Beautiful Temple Sangha, we are planning an outdoor temple spring cleaning on Sunday May 7th after service. If you have 30-60 minutes and would like to participate all volunteers are welcome.

We will be picking up the winter foliage debris around the building and in the window wells and weather permitting we may even clean the windows. Should we get enough volunteers we will also do some sanitizing and cleaning inside.

We would love for you to join and will provide some snacks and tea. It would be wonderful if a few people bring gardening or work gloves and a rake.

Many Thanks,
Tracee





FUTOMAKI WORKSHOP

Saturday, May 27th, 2023 at 2:00pm

Join the Sangha at the Temple for a demonstration on how to make Futomaki which is a rolled sushi characterized by its large size and filled with a number of different ingredients. You'll learn about the types of things that can go inside this sushi as well as how to roll the maki.



Cost is \$12 (temple member) and \$17 (non-temple member) – taxes and event service fee included. **LIMITED** registration - open to the first 10 people who register and pay online. Also included in the cost is that each participant will make one futomaki that they can take home to enjoy!

Green tea and an opportunity to get to know each other will follow.

Register using QR code or on Eventbrite at: <https://bit.ly/Futomaki-27May23>

MATINEE AT THE TEMPLE

Saturday, June 17th, 2023 at 2:00pm

Join us for an afternoon movie matinee! The Calgary Buddhist Temple is pleased to host a **FREE** showing of "Sleeping Tigers: The Asahi Baseball Story" presented by High Summitt Immigration. Everyone is welcome!

This feature-length documentary, made in 2003, tells the story of the Asahi baseball team. This team became a symbol of the Japanese Canadian struggle for equality and respect, and despite being disbanded and interned, left a legacy of inspiration for future generations of all Canadians.



This remarkable story is told with a combination of archival footage, interviews, and dramatic re-enactments.

Discussion to follow and then stick around to watch "Our Beloved Otera" from 2009 which is a tribute to the Raymond Buddhist Temple narrated by Reyko Nishiyama and Harry Sugimoto. It was the first Buddhist temple established in Alberta and functioned until 2006. Popcorn will be popping and if you'd like, bring snacks to share - let's make this afternoon informative, engaging and enjoyable for all!

Register so we know the number of people to expect by going to <https://bit.ly/Matinee-17Jun23> or via QR code.



PAST WORKSHOPS AND EVENTS

HANAMATSURI LUNCHEON



Thank you to everyone who contributed food for the wonderful luncheon after the Hanamatsuri service on April 16th.

Everything was delicious and all the helping hands was greatly appreciated. Special thanks to the toban or organizing group of Susan, Susan, Laurie, and Leslie plus the amazing chow mean cooks: Jean & Barrie. Also, appreciation to the Dharma Time kids who helped with clean-up afterwards.

Here's pictures of some of the children who are enjoying Dharma Time.



COMMUNITY OUTREACH IN APRIL

Thank you to the members of the Calgary Buddhist Temple Sangha who volunteered to service lunch at the Calgary Drop-In Centre on Sunday, April 23. Such a kind and wonderful way to support the interdependence of life with a warm smile, nutritious meal and community engagement.

Volunteers: Susan, Deb, Jan, Heather, Dan, Doug, Jennelle, Marius, Brett, Nathan. (missing from pic: Jason)





PAST WORKSHOPS AND EVENTS

WF DANA DAY



The JSBTC Women's Federation (WF) would like to thank the Calgary Buddhist Temple for their generosity towards the WF Dana Day which was held on Mar 30.

The Calgary donations totalled \$952 and were consolidated with our Temples across Canada for the promotion of social welfare. It was decided that \$2000 will be going to Indspire and \$2000 potentially to the CareMakers Foundation.

Thank you to everyone for the "Dana" - giving without thought of receiving something in return.



LIBRARY NEWS

The library is open the **fourth** Sunday in May, not the usual third of each month. We will be open **May 28** after service. Our library is downstairs. Tea will be served.

New to library: *Mansions of the Moon* by Shyam Selvadurai. This book comes highly recommended. It is the story of Yashodhara, who was married to Siddhartha Gautama.

Over the next several months we will be following up on overdue books. Please return any overdue books that may be sitting around your home, by June 18, 2023.



MARCH DONATIONS

Temple Donations

Anonymous
Amzulini, Mihaela
Bustillo, Susana
Costello, Ryan
Cruickshank, Doug
Gubenco, Robert
Hayashi, Deborah
Hironaka, Doug
Huntley, Susan
*in memory of Ronald, Muneo and
Connie Takeda)*

Kitagawa, Susan
Klatt, Amy and Ken
Masuda, Misae
McCormack, Dan & Kim
Miquelon, Dixie
Ota, Fumi
Pilch, Marlene Lucille
Pittman, Craig and Cathy
Sakamoto, Tobie
Sano, Tracee and Robert Alexander

Scott, Cindy
Seman, Michael
Tajiri, June
Takaguchi, Harumi
in memory of Echi Kondo
Takeda, Laurie
Tanaka, Masaye
Taranik, Bryan
Webster, Kerry

Canada Helps Donations

Anonymous
Auld, Belle
Delisle, Yuri
Ghann, Jameela
Giggs, Melanie

Haddon, Samantha
Howard, Leslie
Martin, James
McCullagh, Bob
Miyaniishi, Kiyoko

Robson, Tomiko
Stewart, Matthew
Sugimoto, Laura
Sugimoto, Sumire
Wright, Charlene



2023 MEMBERSHIP

Please take a few moments to complete the attached form and return it to the temple. Cheques can be made out to The Calgary Buddhist Temple. Mailing address: 207-6th St N.E. Calgary, Alberta T2E 3Y1. Tel: (403) 263-5723. Alternately, membership fee payments can be made online through [Canada Helps](https://canadahelps.org/en/dn/39361) (canadahelps.org/en/dn/39361) or via e-transfer (calgarybuddhisttemple@gmail.com). Just make sure to write "membership" in the message field. PDFs of completed forms can then be emailed to calgarybuddhisttemple@gmail.com.



Name: _____

Name: _____

Address: Line 1 _____

Address: Line 2 _____

City, Province, _____

Postal Code: _____

Telephone: _____

E-mail: _____

- ☐ Full Membership (\$100 per member)
- ☐ Student (Under 18) Membership –No Charge
- ☐ Honorary Senior (65 & over) Membership
– Complimentary

Check to receive the CBT newsletter if you do not already receive it

_____ by email

_____ by mail

_____ Please contact me regarding volunteering

