



THE SANGHA STREAM

October 2026

MINISTER ARTICLE

On Monday, October 12, 2026, we celebrate Thanksgiving in Canada. Thanksgiving gives us an opportunity to take a break from our busy lives and appreciate the many conditions and people who support us. With the realization that our lives are possible because of countless causes and conditions.

When we sit down to a Thanksgiving meal, we might simply see the food before us. But if we look more deeply, we can recognize the farmers who grew it, the people who transported and prepared it, and the many natural conditions such as the sunshine, rain, soil, and water that made it possible. Our meal is the result of countless contributions.

When we examine our lives more closely, we awaken to the reality that we have received so much from our parents, friends, teachers, co-workers, and Sangha. There are also many people we will never meet whose efforts have contributed to the lives we enjoy today. This is the Buddhist teaching of interdependence. Nothing exists entirely by itself. When we say Namo Amida Butsu, it can be an expression of gratitude and appreciation for the compassion that surrounds and embraces our lives.

Thanksgiving also reminds us of impermanence. The noticeable changing color of the autumn leaves signals a time when they will soon fall. Sadly, the people gathered around our table will not always be with us. The circumstances of our lives are continually changing. Rather than making this thought discouraging, impermanence can help us appreciate what we have today. It reminds us not to take our relationships, our temple, or even an ordinary meal together for granted.

There is a tendency in life to seek the elusiveness of perfection. The Dharma teaches us that gratitude does not mean that everything in life is perfect. Rather, it allows us to recognize that even within an imperfect and changing life, we have received much. As we gather with family and friends this Thanksgiving, may we look beyond the food on our table and recognize the countless people and conditions that have made this moment possible.



Calgary Buddhist Temple

658-1st Ave N.E.
Calgary, Alberta

Telephone: 403-263-5723

www.calgary-buddhist.ab.ca

Namo Amida Butsu
Robert Gubenco Sensei



OBITUARY

The Calgary Buddhist Temple would like to offer its heartfelt condolences to the family members of the late:

Luri Nagata | September 10, 2026 | 91 Years

May the family members find comfort in the boundless compassion of Amida Buddha.

Namo Amida Butsu

SEPTEMBER 2026 MEMORIAL (SHOTSUKI) SERVICE LIST

Ryan Doedel	Chito “Mary” Kimura	Sean Reilly
Gerrit Dooge	Lloyd MacDonald	Nobuko Sagara
Keiko Hinatsu	Masanori Nishikawa	Mark Sano
Rev. Yasuo Izumi	Hanako Oshiro	Florence Shikaze
Richard Kanegawa	Haruo Oshiro	Jerry Takeda
Mamoru Kimura	Jack Pittman	Toshiko Takeda
	Anne Prosk	

TEMPLE SERVICE REMINDERS

Sunday, October 4th

- **9:00 am** – 30 Minute Seated Meditation
- **10:00 am** – Shotsuki/Monthly Memorial Service

Sunday, October 18th

- **9:00 am** – 30 Minute Seated Meditation
- **10:00 am** – Family Service

Sunday, October 11th

- **9:00 am** – 30 Minute Seated Meditation
- **10:00 am** – Service

Sunday, October 25th

- **9:00 am** – 30 Minute Seated Meditation
- **10:00 am** – Service

2026 DONATIONS

DONATE TO THE CALGARY BUDDHIST TEMPLE

The temple appreciates your kindness and support, which enables us to share in the Buddha, the Dharma, and the Sangha.

Here are 3 ways to give to the temple:

- E-transfer to calgarybuddhisttemple@gmail.com
- Mail to 207 – 6 Street NE, Calgary, AB T2E 3Y1
- Canada Helps at [Donate Now - CALGARY BUDDHIST TEMPLE](https://www.canadahelps.org/en/dn/39361) or <https://www.canadahelps.org/en/dn/39361>



FUNDRAISING COMMITTEE

Upcoming for October-November and Autumn.

One of the major fundraisers is the chow mein and ribs dinner. The 2026 event is re-located from the temple site to the CJCA. Please also refer to the poster in this newsletter.

Fall Dinner - Take-out dinner | Saturday, November 7, 2026 at Calgary Japanese Community Association (CJCA), 2236-29 Street SW, 3:00-6:00 PM

The fall dinner event will also include:

- All Things Japanese sales
- Bake sale
- Temple items sales
- Shizuoka Genmaicha tea sampling
- Grey cup pool pull tickets



Fall dinner tickets are available: E-mail calgarytemplevolunteer@gmail.com AND in-person at the temple after Sunday services.

Grey Cup pool tickets

Calgary is hosting the Grey Cup this year; CBT is selling pool pull tickets.



We are still collecting Japanese items for our “Everything Japanese Sale” at the November 7 Fall Dinner event. Please contact Mickey if you have any items to donate; Email Mickey at mhkuta@outlook.com.

Japanese tea sampling

Hasegawa Trading Company, a Calgary-based Japanese tea importing business specializing in authentic Japanese tea from Shizuoka, Japan, will be offering complimentary samples of their Matcha Genmaicha.

- Genmaicha – Green tea blended with roasted brown rice for a warm, nutty flavor.

Notice for November 7 **volunteer requirements requests** will be sent via **Sign-Up Genius** in October.

Bake sale requests will be sent during October.



THANK YOU, MERCI, DOMO ARIGATO
CBT Fundraising Committee



CALGARY BUDDHIST TEMPLE
www.calgary-buddhist.ab.ca

FUNDRAISING COMMITTEE



CALGARY BUDDHIST TEMPLE

ANNUAL CHOW MEIN & RIBS DINNER

SATURDAY, NOVEMBER 7, 2026

Take-out only. \$25/plate

Pickups from 3:00 to 6:00 PM at the
CALGARY JAPANESE COMMUNITY ASSOCIATION (2236 29 St SW)
Please remember to bring your own reusable or plastic bag(s)



JAPANESE TEA TASTING & TEA SALE

Enjoy a complimentary Matcha
Genmaicha tasting and shop premium
Japanese teas from Shizuoka, Japan,
presented by Hasegawa Trading Co.

BAKE SALE

Delicious desserts, cakes,
cupcakes, pies and more will
also be available

EVERYTHING JAPANESE

Check out gently used Japanese
treasures, including dishware, decorative
items, kimonos, ukatas, and more.

FOR TICKETS

Email: calgarytemplevolunteer@gmail.com

Tickets will also be available at the temple
after Sunday services

PLUS: Grey Cup Raffle Pool Tickets



UPCOMING WORKSHOPS AND EVENTS

FALL IKEBANA CLASS



Classes will be held on Saturday afternoons at The Calgary Buddhist Temple from 1:30 pm – 4:00 pm.

The 5 classes are a series and the total cost including flower material and instruction is \$250 for Temple members and \$300 for non-members. No refunds for missed classes.

Students must have their own containers, hand pruners and kenzan (frog). Rika Saruwatari trained under Ms. Takako Yokoyama, and became a certified Shihan (teacher) in 2012.

光風未生流 (Kofu misho school ikebana) classes

- September 12, 26
- October 10, 24
- November 7

Rika's contact info koufuikebana@gmail.com

OCEAN RESIN WALL ART

Saturday, Oct 10 at 2:00pm

Ever wanted to try resin art? Now's your chance! Sangha Engagement is pleased to host an **Ocean Resin Wall Art** workshop on **Saturday, Oct. 10, from 2:00-4:00 pm at the Temple**. This workshop is subsidized, so the cost is only \$40/person and includes all materials and step-by-step guidance. Participants will learn how to create their own ocean-inspired resin wall art, including how to mix and pour resin, create wave effects, blend colours, and finish a beautiful handmade piece to take home.

REGISTER OR <https://bit.ly/ResinArt-10Oct26>

Shinran Shonin (the founder of Jodo Shinshu Buddhism) frequently used the phrase “ocean-like Primal Vow” as a metaphor describing Amida Buddha’s all-embracing compassion. Just as the vast ocean accepts all rivers, Amida Buddha’s compassion embraces all beings.





COMMUNITY OUTREACH

Think of others by providing lunch service at the CALGARY DROP-IN CENTRE downtown. Volunteers must be 18+ to participate. Volunteers leave from the Temple around 11:15am and walk over to the Drop-In Centre together OR you can meet us there at 11:30am. Please register to ensure we have the requested number of volunteers on each date.

Register to serve lunch on Sunday, Oct 11: <https://bit.ly/Drop-In-11Oct26>

Register to serve lunch on Sunday, Nov 8: <https://bit.ly/Drop-In-8Nov26>

Register to serve lunch on Sunday, Dec 13: <https://bit.ly/Drop-In-13Dec26>

CALGARY
DROP-IN
CENTRE



WE ARE BETTER TOGETHER!

FREE GOODS PROGRAM & DONATION CENTRE

Volunteer with the Sangha on Sunday, Oct. 18, from 1:00 p.m. to 4:00 pm, at the Free Goods Program & Donation Center. This family-friendly (aged 12 or older), volunteer opportunity supports various day-to-day activities at the Donation Centre located at 3640 11a Street NE. This is a great way to give back behind the scenes!

Sign up and meet us at the Donation Centre (3640 11a Street NE Calgary). <https://bit.ly/DonationCentre-18Oct26>

MINI GRINCH TREE WORKSHOP

Sunday, Nov 29 from 1:00 pm -3:00pm



Bring a touch of Whoville magic to your holidays! Join the temple sangha for this fun workshop as we transform ordinary greenery into a delightful holiday centerpiece with a touch of the Grinch's signature charm. This workshop is being subsidized by the Temple so the cost is only \$50 per person - here's what's included:

- Winter Greens (based on availability cedar, pine, fir or cypress)
- One decorative 3.5-4 inch pot cover that can be reused
- A range of accents and holiday décor to adorn your tree
- All necessary tools, supplies, and step-by-step instructions
- Finished tree is approx. 12-15 inches tall
- And add your personalized touches and wala!

REGISTER OR <https://bit.ly/GrinchTree-29Nov26>

“No matter how different a Who may appear, he will always be welcomed with holiday cheer.” — Cindy Lou Who



TOGETHER WE GIVE – VETERANS FOODBANK

Collecting until Nov 15

Sangha Engagement is proud to be supporting the Canadian Veterans Services Society. With Remembrance Day being Nov 11, the Temple will be collecting food items until the 15th and delivering everything to the Veterans Foodbank in Calgary.

The organization is specifically tailored to support individuals who have served in the military (such as the Canadian Armed Forces or allied forces), and frequently includes active service members, Royal Canadian Mounted Police (RCMP), and frontline emergency first responders like police, fire, and EMS.

All clients are treated with dignity & respect. Let's show our appreciation for their services.



2026 TOY DRIVE AND WARM HEARTS

Collecting until Dec 6



Once again, the Temple will be putting up a holiday tree at the front of the hondo to collect toys and warm clothing for those less fortunate.

The toys will be gratefully accepted by “Baby It’s Cold Outside” and the warm clothing we will take to the Calgary Drop-In Centre. Let’s continue to be amazing and help others less fortunate.

Please contact calgarytemplesangha@gmail.com with any questions.



CALGARY BUDDHIST TEMPLE
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ANNUAL CHOW MEIN & RIBS DINNER

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EVERYTHING JAPANESE

Check out gently used Japanese
treasures, including dishware, decorative
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FOR TICKETS

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after Sunday services

PLUS: Grey Cup Raffle Pool Tickets



Together We Give

Veteran's Foodbank



Thank you for your service!



A veterans food bank is a specialized organization tailored specifically to support former military members, their families, and often first responders, offering targeted peer support and transition services alongside food.

DROP OFF AT THE TEMPLE UNTIL SUNDAY, NOV 15

Questions : calgarytemplesangha@gmail.com



Come Join Us



Mini Grinch Tree Workshop

with YYC Plant Delivery

Nov 29, 2026 | At 1:00 PM

Calgary Buddhist Temple
658-1st Ave NE

- All tools and supplies included
- Step by step instructor-led workshop
- Finished tree is approx. 12-15 inches tall
- Fun and festive atmosphere for all ages!
- Temple subsidized so only \$50 per person

Registration :
<https://bit.ly/GrinchTree-29Nov26>
Questions :
calgarytemplesangha@gmail.com



Bring a touch of Whoville magic to your holidays!



2026 TOY DRIVE AND WARM HEARTS

CALGARY
**DROP-IN
CENTRE**

BCO
BABY IT'S COLD
OUTSIDE CHARITY



**DROP OFF TOYS AND
WARM CLOTHING AT THE
TEMPLE BY SUNDAY, DEC 6**

www.calgary-buddhist.ab.ca
calgarytemplesangha@gmail.com





PAST WORKSHOPS AND EVENTS

MINISTER APPRECIATION

On Sunday, Sep 20, the members of the Calgary Buddhist Temple were happy to show their appreciation to our minister, Sensei Robert Gubenco. We are extremely fortunate to have such a kind, dedicated and inspiring minister.

An enjoyable way to show our thanks was by sharing a sweet treat together with Sensei - to smile, laugh, and express our thanks.

Thank you, Sensei, for your time, commitment, and insightful Dharma messages.



MOVIE MATINEE – RENTAL FAMILY



Thanks for popping in!

What a success – gathering with popcorn to watch an inspirational movie together! The film, Rental Family, was played at the Temple on Saturday, Sep 26. It is a dramedy about a down-and-out actor living in Tokyo who is hired as a token white guy for a Japanese rental-family company, leading him on an unexpected journey of self-discovery through the roles he plays in other people's lives. Confronting the moral complexities of his work, he rediscovers purpose, belonging, and the quiet beauty of human connection.

Thank you to the volunteers and to all who attended for the kind donations.



REMEDIATION FUND

Thanks to our amazing and generous donors!

As of the end of August, you have contributed over \$90,600. (including \$10,300 of matching donations). September donations will be reported in the next newsletter. I am happy to update that water seepage control work has been completed outside the temple, and sump pumps have been installed in the basement.

Thanks to all our wonderful and generous donors, we have been able to make progress on this project. We continue to raise funds to pay for the next phase: restoration and repairs, and are well on the way to reaching our campaign goal of \$125,000.

If you have any questions about this campaign or the work that has been completed, just send us a email (calgarybuddhisttemple@gmail.com) and we will be happy to give more details.

Your donations are helping to ensure the completion of this critical project to get our temple back to our warm, and welcoming gathering place.

In Gassho,
Remediation Fund Committee

DOUBLE YOUR MONEY

We are continuing to raise funds for our Remediation Fund. Now a long time Sangha member has offered to match donations made to the Remediation Fund to a total of \$25,000. In other words, a \$500 donation becomes \$1000 to the Temple. We are incredibly grateful for this generous offer.

If you wish to donate, you can do so by clicking on the “Donate” button on the website, by sending money by e-transfer to calgarybuddhisttemple@gmail.com marked “Remediation Fund”, through Canada Helps at <https://www.canadahelps.org/en/dn/39361>, by cash or cheque at Temple services, or by mail to Calgary Buddhist Temple, 207 – 6 St NE, Calgary, Alberta, T2E 3Y1.

Please include your mailing address so that we can provide you with a tax receipt.



AUGUST DONATIONS

Canada Helps

Dodds A,
Ghann, J.
Griggs, M.
Haddon, S.
Howard, L.
Miyaniishi, K.

Post, D.
Robson, T.
Stewart, M.
Sugimoto, L.
Sugimoto, S.
Wright, C.

Temple Donations

Auld, B.
Cuch, K
Hironaka, D.
Ikuta, L. & M.
Kitagawa, S.
McCormack, D.

Odagaki. S.
Ota, F.
Teshima, R.& L.

REMEDIATION DONATIONS

Bowman, J.
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Delislie, Y.
Douglas, A.
Edwards, R.

Miquelon, D.
Oishi, M.
Takaguchi H.
TD Private Giving Foundation