



THE SANGHA STREAM

September 2025

MY DHARMA REFLECTION SEPTEMBER 2025

In my everyday life, I stumble more often than I'd like. I say things I don't mean, or react in ways I later regret. Sometimes it's the frustration that boils over when I'm stuck in traffic. Other times it's the quiet anxiety of not knowing what lies ahead.

And still, even in those moments, Amida Buddha is present. Not waiting for me to sort out my life. Not asking me to change before I am embraced.

Amida's Vow was not meant for those who already have it all together. It was made for people like me —for those who stumble, who doubt, who slip into bad habits, who long to live with kindness yet so often fall short.

When I recite the Nembutsu — Namo Amida Butsu — it isn't to erase my problems or to perfect myself. It is a turning toward home, a return to something deeper than my foolishness.

The Nembutsu reminds me that I am not alone, no matter how messy or uncertain I feel. That Amida Buddha does not ask for perfection — only trust. Trust in the Vow that embraces us just as we are.

And from that trust, something shifts. The burdens do not vanish, yet they grow lighter. In that breath, I am reminded of what has always been true: we are all accepted — not because we have earned it, but because we are embraced by infinite wisdom and boundless compassion.

Namo Amida Butsu.

In Gassho,
Evan Oshiro

Calgary Buddhist Temple

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TEMPLE SERVICE REMINDERS

SEPTEMBER SERVICES

- Sunday, September 7th | 10:00 am – Shotsuki/Monthly Memorial Service
- Tuesday, September 9th | 7:00 to 8:00 pm – Lecture on Shoshinge (Introduction)
- Sunday, September 14th | 10:00 am – Service
- Tuesday, September 16th | 7:00 to 8:00 pm – Lecture on Shoshinge (Amida Buddha’s Vow)
- Sunday, September 21st | 10:00 am – Family Service
- Tuesday, September 23rd | 7:00 to 8:00 pm – Lecture on Shoshinge (Great Compassion)
- Sunday, September 28th | 10:00 am - Service

SEPTEMBER 2025 MEMORIAL (SHOTSUKI) SERVICE LIST

Louise Barron	Eiko Kimura	Sutezo Miyanishi
Lua Blize	George Kondo	Saneyoshi Oishi
Irene Dooge	Tracy Laberge	Kanao Sugimoto
Dorothy Hayashi	Edith Martin	Toshi Takahashi
	Phil Miquelon	

OBITUARY



The Calgary Buddhist Temple would like to offer its heartfelt condolences to the family members of the late:

Sally Sachiko Hironaka | August 10, 2025 | 87 Years

May the family members find comfort in the boundless compassion of Amida Buddha.

Namo Amida Butsu



UPCOMING WORKSHOPS AND EVENTS

SANGHA MEIN MAKING SIGN UP!

Friday, Sept 5 from 6.30pm-9pm & Sunday Sept 7 from 8.30am-2.30pm



Our annual mein making is almost underway! As a community, we make the dough and create the noodles to raise funds for the Temple. It is a wonderful time of coming together to share stories and the culinary work!

- Dough Making – Friday September 5 from 6.30pm-9pm at the Calgary Buddhist Temple
- Mein Making – Sunday September 7 from 8.30am-2.30pm at Calgary Japanese Community Association 2236 29 St SW, Calgary, AB T3E 2K2

Please bring cutting boards, knives and a rolling pin, and I recommend wearing an apron.

Use the link to sign up: [Local Sangha 2025: 2025 CBT - Mein Making / https://www.signupgenius.com/go/10C084BADAB2FA1FBC52-57934135-2025/38732719#/](https://www.signupgenius.com/go/10C084BADAB2FA1FBC52-57934135-2025/38732719#/)

SAVE THE DATE – CHOW MEIN DINNER SATURDAY OCTOBER 25

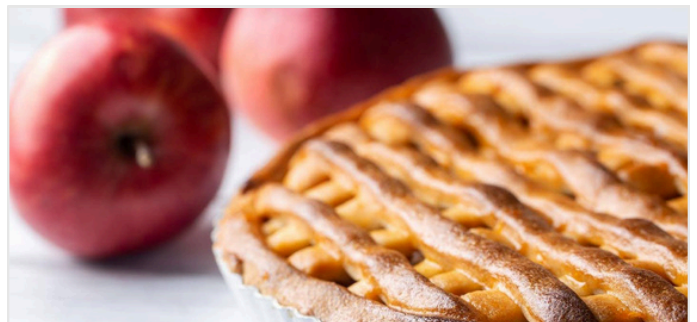
Sign Up Genius will be distributed for people who would like to volunteer for this delicious fundraising annual event. We will be looking for people who could chop vegetables the day before, and people to take part in the chow mein selling on the day.

PIE MAKERS NEEDED!

Wednesday September 10 and Thursday September 11, 2025

The Temple has been offered a large amount of fresh apples and we will be making apple pies in the fall.

Further details to be announced





FALL IKEBANA CLASS

September 13th, September 27th, October 11th, November 1st, November 15th



Classes will be held on Saturday afternoons at The Calgary Buddhist Temple from 1:30 pm to 4:00 pm

The 5 classes are a series and the total cost including flower material and instruction is \$250 for Temple members and \$300 for non-members. No refunds for missed classes.

Students must have their own containers, hand pruners and kenzan (frog). You can purchase these items from Rika or she can help you select suitable ones on your own if you contact her. These items are not included in the lesson cost.

Rika Saruwatari trained under Ms. Takako Yokoyama, and became a certified Shihan (teacher) in 2012.

Rika's contact info koufuikebana@gmail.com

CHIGIRI-E - CHRYSANTHEMUM

Sunday, Sep 14 | 2:00pm-4:00pm

Join the Calgary Buddhist Temple Sangha Engagement as we learn the primary technique of Chigiri-e (ちぎり絵) which uses colored paper that is torn to create images, and is often referred to as "torn paper collage". This technique, which has been practiced for centuries, results in artwork that embodies both cultural heritage and contemporary creativity.

The themes of Chigiri-e often draw from nature, which is a reflection of Japan's deep-rooted cultural reverence for the natural world. To the Japanese, the chrysanthemum symbolizes royalty, longevity and rejuvenation.



One of the underlying principles of Chigiri-e is the Japanese concept of *wabi-sabi*—the acceptance and appreciation of imperfection and impermanence. Since Chigiri-e relies on tearing the paper by hand, each piece carries a unique shape and texture. These imperfections are celebrated rather than corrected, contributing to the artwork's organic and natural beauty.

This workshop will be held at the Temple and all materials will be included at a cost of \$5/person - space is limited. We gratefully acknowledge support from the Japanese Canadian Legacies Society to help cover the full costs.

To register: <https://bit.ly/chigiri-e>



GET YOUR HANDS DIRTY WITH THE SANGHA!

Saturday, Sep 20 | 1:30pm-3:00pm



Kokedama (苔玉), meaning “moss ball” in Japanese, is a centuries-old bonsai-inspired art form where a plant's roots are wrapped in soil and moss instead of a pot.

Join the Calgary Buddhist Temple Sangha Engagement to learn the tips and tricks to construct our own living artwork and then walk through the process step-by-step to create beautiful, unique plants to take home.

NOTE: This workshop is NOT at the Temple but ONSITE at Plant Plant: 2501 Alyth Road SE, Calgary

Cost is \$25/person and is open to the public.

To register: <https://bit.ly/cbt-kokedama>

We gratefully acknowledge support from the Japanese Canadian Legacies Society to offer this workshop at such a reduced rate.

MINISTER'S APPRECIATION MONTH | SUNDAY SUNDAY FOR SENSEI

Sunday, September 21, After service in the lower level

The Women's Federation has designated September as Ministers Appreciation Month; in honour of all the work our Ministers do for the Sangha. Each temple does their own event whether it is a luncheon, tea, dinner, etc.

After service, we'll have Sensei scooping ice cream and there'll be fixings to share. Say thank you to Sensei and let him know how much we appreciate his dedication and trusted guidance.

Everyone is welcome to attend.

In Gasho
Laurie Takeda

Women's Federation Leadership Committee





COMMUNITY OUTREACH

Sunday, Oct 12 and Sunday, Nov 30

CALGARY DROP-IN CENTRE

Two Sundays left in 2025 where we'll be providing lunch service at the Calgary Drop-In Centre. Ten volunteers (18 years of age & older) are needed each day. We leave after service, around 11:15am, to walk over to the Drop-In Centre together, or meet us there at 11:30am.

It's not time-consuming and it really means a lot to those less fortunate.

OCT 12: <https://www.signupgenius.com/go/10C0849A5A82FA3F49-55158795-community>

NOV 30: <https://www.signupgenius.com/go/10C0849A5A82FA3F49-55158812-community>

BE IN THE FOLD

Sunday, Oct 19 | 10:45am kids session & 11:30am adult session

No, this isn't a folding with Marie Kondo workshop – hahaha. We have a guest instructor who will come to the temple to show us how to create a few origami which is the Japanese art of paper folding. Using the special paper, we can use the origami pieces to design lovely, personalized cards. Supplies will be provided.

Dharma School session will begin around 10:45am and adult session at 11:30am. No registration required for this workshop but there is a suggested donation of \$5/person.

Come for fun with origami and card making!





JAPANESE CALLIGRAPHY

Sunday, Oct 26, 2025 | 2:00-4:00pm

Would you like to experience Japanese calligraphy, and try for yourself this popular and beautiful part of Japanese art and culture? The Calgary Buddhist Temple Sangha Engagement will be hosting a Japanese Calligraphy workshop with a fully qualified Master Calligraphy Instructor, Mami Humphreys of Sho Artworks.

Due to popular demand, we are holding this second Japanese Calligraphy workshop of 2025. You'll be learning the basics and how to use the tools, and you will have a chance to practise, by using an example, and you get to take your piece home with you too!

All materials will be included at a cost of \$12.00/person. Space is limited so don't miss out! We look forward to your participation.

To signup, go to <https://bit.ly/Sangha-Calligraphy2>

We gratefully acknowledge support from the Japanese Canadian Legacies Society.



SAVE THE DATES - MORE SANGHA ENGAGEMENT EVENTS

- Nov 8: Introduction to Taiko Drumming x 2
- Nov 9: Furoshiki Workshop
- TBD: Sashiko Time (self-guided)

Keep an eye out for more details and registration information on the above.



Sangha Engagement will also be collecting toys and warm clothing for those in need from end of October to beginning of December.

Let's demonstrate kindness and compassion for others.



PAST WORKSHOPS AND EVENTS

OBON ODORI

The Calgary Buddhist Temple held the Obon Service on Sunday, July 27. This service is to show our appreciation to the people who passed before us whom we would not be here without.

The Temple was decorated beautifully (thank you Sensei, Kevin, and Evan), and the Sangha participated in the custom of honoring our ancestors by performing Bon Odori (Japanese folk dancing). Everyone did great and had an awesome time.



Thank you to the Japanese Canadian Legacies Society for their support in the purchase of the incredible happi coats the Temple can proudly wear for Obon and future special events.





LIBRARY NEWS

The library will be open on the third Sunday of the month, which is September 21st. Come downstairs and browse the books while you enjoy a cup of tea!

I am looking forward to meeting you and would greatly appreciate feedback on books, especially book recommendations that you may have.

It is easy to join our library. For \$20.00, you get a lifetime membership. The book loan period is 3 months. Please see me if you are interested in joining. I will be at the library anytime it is open. You can return a book even if the library is closed. Just leave it in our Returns box.



If you have books on Buddhism that you would like to donate to the library, we are very grateful to accept donations! These can go into the Returns box too.

We just received some donated books that you may be interested in. Come and take a look!

Baroni	Helen J.	Iron Eyes - the Life & Teachings of Obaku Zen Master Tetsugen Doko
Ferguson	Will	Hitching Rides with Buddha
Hart	William	Vipassana Meditation as taught by S. N. Goenka
Heisig	James W.	Remembering the Kanji 1
Hendry	Joy	Understanding Japanese Society
Henshall	Kenneth G.	Learning Japanese Hiragana & Katakana
Hodges	Max	Japanese Kanji Flashcards 1
Stout	Timothy G.	Japanese Kanji for Beginners
Suzuki	D.T.	What is Zen?

Thanks, Kim and Masaye



JUNE DONATIONS

Canada Helps

Cave, K.
Dodds A.
Giggs, M.

Haddon, S.
Howard, L.
McCullagh, B.

Miyanishi, K.
Post, D.
Robson, T.

Stewart, M.
Sugimoto, L.
Sugimoto, S.
Wright, C.

Temple Donations

Anonymous
Cruickshank, D.
Giroux, E.
Huntley, S.
*In memory of Joyce
Burkey*
Ikuta, G & N.

Kitagawa, S.
Masuda, J.
Matsuno, K.
McAveary, N., M, & M
McCormack, D.

Miyanishi, K.
*In memory of Tamiko
Miyanishi*
Nelson, P.
Oishi-Lloyd, S.
In memory of Rae Oishi

Oishi, C.
In memory of Rae Oishi
Oshiro-Kamaric, D.
Ota, F.
Pittman, C. & C.
Porteous, A.

JULY DONATIONS

Canada Helps

Dodds A,
Ghann, J.
Giggs, M.
Haddon, S.

Howard, L.
McCullagh, B.
Miyanishi, K.

Post, D.
Robson, T.
Stewart, M.

Sugimoto, L.
Sugimoto, S.
Wright, C.

Temple Donations

Anonymous
Chen, N.
Shristner, S.
Dalton, T.
Delisle, Y.
Dodds, D.
Dolph, H.
Esler, F.
Evans, K.
Hyakutake family

Hironaka, D.
Horigushi, D. & T.
*in memory Miyazaki &
Horiguchi family*
Huntley, S. & C.
Kitagawa, S.
Klatt, K. & A.
Kondo, C
*In memory of Echi
Kondo*
Konno, C. & M.

Liu, O.
McCormack, D.
Miquelon, D.
Oishi, J.
*In memory of Rocky
Oishi*
Oishi, M.
Oshiro, E.
Ota, F.
Pittman, C. & C.
Porteous, A.

Qiao, J.
Sakamoro, L.
Seman, M.
Takaguchi, R. & J.
Takeda, L
Takeda, N.
Tanaka, M.
Teshima, R.
Tsukishima, L.
Webster, K.

DONATIONS IN MEMORY OF LIDO KONDO

Garrison, L.
Hagihara, J.
Huntley, S.

Kitagawa, S.
Kondo, C
Kondo, N
Nishida, H. & J.

Nishimura, T.
Oishi, J.
Plante, S.
Saruwatari, G. & J.

Takaguchi, H
Takaguchi, R. & J.
Takeda, N.